

**NATIONAL UNIVERSITY OF LESOTHO
INSTITUTITE OF EXTRAMURAL STUDIES
BACHELOR OF NURSING SCIENCE
MAIN EXAMINATION 2022/23**

BSN 2302: ADOLESCENT HEALTH

JANUARY 2022

100 MARKS

3 HOURS

INSTRUCTIONS:

- 1. Read instructions carefully**
- 2. This paper consists of three (3) questions 30, 30 and 40 marks**
- 3. Answer all questions**
- 4. Figures in brackets indicate marks allocated to each question**

QUESTION 1

You are the Registered nurse in charge of the Adolescent Health Corner,

Discuss how you would involve adolescents in the development, planning and evaluation of a sexual and reproductive health programme. **(30)**

TOTAL= 30 Marks

QUESTION 2

Read the scenario below and reflect on the following question

Scenario

A sixteen-year-old youth (16 years), whom you have known very well as a child and her family comes to your clinic for services. She says she thinks is pregnant after being involved in unprotected sexual activity two (2) days ago. She wants you to give her emergency contraceptive pills. She insists that she does not want her parents to know about this.

Discuss **six (6)** characteristics of adolescent friendly health services. **(30)**

TOTAL= 30 Marks

QUESTION 3

3.1. Explain **five (5)** consequences of unsafe abortion **(10)**

3.2 The psychoactive substance-related disorders are highly prevalent throughout the world and are the major contributors to morbidity, disability and premature mortality

Discuss how you will apply HEADSS approach to assess the psychological situation and the social circumstances of adolescent clients/patients. **(30)**

TOTAL= 40 Marks

