

**NATIONAL UNIVERSITY OF LESOTHO  
INSTITUTE OF EXTRAMURAL STUDIES  
BACHELOR OF NURSING SCIENCE  
STANDARD PAPER II 2022/23**

**BSN 2302: ADOLESCENT HEALTH**

**JANUARY 2023**

**100 MARKS**

**3 HOURS**

**INSTRUCTIONS:**

- 1. Read instructions carefully**
- 2. This paper consists of three (3) questions 30, 30, 40 marks each**
- 3. Answer all questions**
- 4. Figures in brackets indicate marks allocated to each question**

## QUESTION 1

Discuss **six (6)** most important health problems facing adolescents

**(30)**

**TOTAL=30 MARKS**

## QUESTION 2

2.1 Explain two **points (2)** why adolescents girls are more susceptible to STIs  
**(5)**

2.2 Discuss **each stage of change model** and show how **changes in addictive behaviours can be encouraged and managed** **(25)**

**TOTAL= 30 Marks**

## QUESTION 3

3.1 Discuss the difference between sexual abuse and sexual exploitation **(10)**

3. 2 Discuss **six (6) important points to consider** on HIV testing and counselling among young people  
**(30)**

**TOTAL= 40 Marks**