THE NATIONAL UNIVERSITY OF LESOTHO

DEPARTMENT OF NUTRITION

COMMUNITY NUTRITION - NUT3313

SUPPLEMENTARY EXAMINATION 2022/23   3 HOURS   TOTAL MARKS: 100

Instructions:

- The paper consists of two (2) sections; section A (60 marks) and section B (40 marks).

- Attempt all the questions.

- Write each question on a separate page.

- Outline your points clearly.

- Write neat and clean.

SECTION A

QUESTION 1

1.1 Describe a community program that you would design as a community nutritionist to promote the consumption of fruits and vegetables among Basotho school-going children in peri-urban areas of Maseru. **[12 marks]**

1.2 Design a normative framework depicting the conditions needed to ensure good nutrition at the national level, with reference to the human rights involved. **[13 marks]**

1.3 Describe the multiple levels of influence that may contribute to breast cancer based on the social-ecological model. **[15 marks]**

1.4 Despite the existence of several food and nutrition programmes and interventions in Lesotho, the nutritional status of vulnerable groups (young children, pregnant and lactating mothers, orphans and the elderly) remains below global standards. Discuss the effectiveness of the Lesotho Food and Nutrition Policy 2016-2025 in addressing nutrition-related issues of Basotho, include the three (3) policy objectives and their targets in your discussion. **[20 marks]**

TOTAL: 60 MARKS

SECTION B

QUESTION 2

2.1 Lesotho is among the United Nation countries devoted to achieving the 17 Sustainable Development Goals by 2030.

    2.1.1 Discuss how goal 3 on "Good Health and Well-being" is being addressed in Lesotho. **[10 marks]**

    2.1.2 If Lesotho achieves goal 3 by 2030, what outcomes relating to nutrition can the nation expect? **[10 marks]**

2.2 Discuss the influence of the globalisation of food culture on nutrition. **[10 marks]**

2.3 Explain how the Russia-Ukraine war of 2022 is linked to food and nutrition security in Lesotho. **[10 marks]**

TOTAL: 40 MARKS

The End