

NATIONAL UNIVERSITY OF LESOTHO

FACULTY OF HEALTH SCIENCES

DEPARTMENT OF NUTRITION

SUPPLEMENTARY EXAMINATIONS

NUT 4302: FOOD AND NUTRITION SECURITY

SUPPLEMENTARY 2023 MARKS: 100 TIME: 3 HOURS

INSRUCIONS: ANSWER ALL QUESTIONS

QUESTION 1

- a) Explain the difference between Food security and Nutrition security (2)
- b) Discuss the four essential conditions for food security in any global setting. (16)
- c) Why does food insecurity exist even when there is enough food available? (2)

[20 Marks]

QUESTION 2

You have been tasked by the government of Lesotho to measure household food security in your district. Discuss how you will go about doing this?

[20 Marks]

QUESTION 3

Discuss the relationships between the following concepts

- a) Poverty and Malnutrition (10)
- b) Hunger and food insecurity (10)

[20 Marks]

QUESTION 4

- a) Identify any five leading causes of food insecurity in Lesotho and explain how they affect food security (10)
- b) Discuss how food insecurity can be addressed in the context of Lesotho (10)

[20 Marks]

QUESTION 5

- a) Identify any **five** (5) indicators of food insecurity and their measures (10)
- b) A local NGO plans to donate food parcels to 50 food insecure households in your community. Mention **any five** characteristics of households that they should donate these parcels to. (10)

[20 Marks]

END