

NATIONAL UNIVERSITY OF LESOTHO
DEPARTMENT OF SOCIOLOGY & SOCIAL WORK
BSW SUPPLEMENTARY EXAMINATION
SW 4304: ADULT DEVELOPMENT AND AGING

AUGUST, 2023 MARKS: 75 Time: 2 HRS: 30 Minutes

INSTRUCTIONS: ANSWER ANY **THREE** QUESTIONS
EACH QUESTION CARRIES **25** MARKS

1. Critically analyze any **THREE** theories of Aging.

2. Consider the importance of work, leisure and retirement in adulthood.

3. Examine factors influencing cognitive development in adulthood.

4. With examples critically analyse the following mental disorders as they present in older adults:
 - a) Dementia
 - b) Anxiety Disorders
 - d) Alzheimer's disease
 - e) Sleep disorders.

5. Lifestyle is related to the specific way in which an individual or group lead their lives..... critically examine any **FOUR** different lifestyle choices which adults engage in.