# NATIONAL UNIVERSITY OF LESOTHO FACULTY OF HEALTH SCIENCES DEPARTMENT OF PHARMACY

# **BACHELOR OF PHARMACY (HONOURS)**

## PHA2400 - INTRODUCTION TO DISPENSING PRACTICE

AUGUST 2023 TIME: 3 HOURS MARKS 100

INSTRUCTIONS

• ANSWER ALL QUESTIONS

#### **Question 1: Pharmacy history (20 marks)**

- a) In pharmacy history, there was also development of documentation of medicines or drugs. Describe the development of documentation of medicines or drugs during pharmacy history.
   (10 marks)
- b) What is the difference between a pharmacist and a pharmacy technician? (4 marks)
- c) Mention any six (6) roles performed by today's pharmacist. (6 marks)

#### **Question 2: Pharmaceutical formulations (20 marks)**

- a) Give examples of how enemas can be used by patients or consumers? (5 marks)
- b) Mention two classes of elixirs and explain when they can be used. (5 marks)
- c) State the route of administration for the following formulations. (10 marks)
  - i. Acetylsalicylic acid effervescent tablet
  - ii. Acyclovir suspension
  - iii. Hydrocortisone acetate rectal suppository
  - iv. Batroban ointment
  - v. Amoxicillin capsules
  - vi. Normal saline nasal drops
  - vii. Tetrahydrozoline eye drops
  - viii. Insulin injection
  - ix. Normal saline infusion fluid
  - x. Antipyrine-Benzocaine ear drops

## **Question 3: Principles of dispensing and labeling of pharmaceutical products (20 marks)**

- a) Collection of medicines is one of the principles of dispensing.
  - i. Where does a pharmacist or pharmacy technician collect medicines? (2 marks)
  - ii. Which interventions should a pharmacist or pharmacy technician take into consideration during collection of medicines to decrease dispensing errors? Give one (1) example for each intervention. (8 marks)
  - iii. Why should pharmaceutical formulation be labelled during the dispensing process? (2 marks)

iv. List details that should appear on the label of a dispensed medicine. (8 marks)

#### **Question 4: Communication skills (20 marks)**

- a) What is non-verbal communication? (1 mark)
- b) You are a pharmacist talking to a teenage girl who has a sexually transmitted disease about the importance of taking her medication, using condoms, and encouraging her partner(s) to come to the clinic for testing. All of a sudden, she is restless and uncomfortable with the topic.
  - i. What does her restlessness and discomfort imply to you? (2 marks)
  - ii. What will you do in this case? (2 marks)
- c) Effective communication between pharmacists and patients or family members is extremely important to pharmaceutical care. Mention problems that may result due to ineffective communication between pharmacists and patients cause. (3 marks)
- d) List any four (4) internal factors influencing patient communication. (4 marks)
- e) Why is it important for you as a pharmacist to have good listening skills? (2 marks)
- f) You are dispensing medication to a patient. Outline the process of how you will apply your good listening skills. (6 marks)

#### **Question 5: Dispensing calculations (20 marks)**

- a) Vioxx is available as 7.5mg/tablet. The doctor's order reads "1 tablet 3 times daily for 4 weeks." How many tablets should be dispensed? (NB: SHOW YOUR CALCULATIONS)
- b) Prednisone capsules 5mg/capsule are available. A medication order reads "5mg 3 times a day for 1 week, then 5mg twice daily for the next week, and 5mg once daily for another week and finally, 1mg/day for 10 days." How many capsules should be dispensed? (*NB*: *SHOW YOUR CALCULATIONS*) (4 marks)
- c) Using a vial containing 300,000 units of penicillin G sodium, how many milliliters should be added to the dry powder in preparing a solution having a concentration of 25,000 units/mL? (NB: SHOW YOUR CALCULATIONS) (2 marks)

- d) A medication order for the ophylline or al suspension for a patient to be taken in doses of 1 teaspoonful 3 times a day for 5 days, and then 1 teaspoonful 2 times a day for 2 days. How many milliliters of the suspension should be dispensed to provide the quantity for the prescribed dosage regimen? (NB: SHOW YOUR CALCULATIONS) (2 marks)
- e) A pharmacist receives a medication order to prepare different concentrations of penicillin G sodium to be added to 1000mL of D5W, using stock vials of 1, 000, 000 units of penicillin G sodium. The instructions on the vials of penicillin G sodium stated, "Add 4.6mL of sterilized water for a concentration of 2.5 x 10<sup>5</sup> units/mL." How many milliliters of the reconstituted solution must be added to the D5W to provide the following units of penicillin G sodium in the final preparation? (NB: SHOW YOUR CALCULATIONS)

i.  $4 \times 10^5$  units (2 marks)

ii.  $5 \times 10^5$  units (2 marks)

- f) Dexamethasone is available in 2mg-tablets. A medication order reads "2mg 3 times a day for 1 week, then 2mg twice a day for the next week, then 2mg once/daily for another week and finally, 1mg/day for 10 days." How many tablets should be dispensed? (NB: SHOW YOUR CALCULATIONS) (4 marks)
- g) Calculate the IV flow rate for 1000mL D5W to run for 12 hours. The drop factor is 60gtt/mL. Solve the problem using formula method. (NB: SHOW YOUR CALCULATIONS) (2 marks)