

**NATIONAL UNIVERSITY OF LESOTHO**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NUTRITION**  
**FOOD CHEMISTRY AND ANALYSIS I - NUT 2302**  
**SEMESTER II EXAMINATION**

**JUNE 2023**

**MARKS: 100**

**TIME: 3HRS**

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**Instructions:**

- Attempt all the questions.
- The paper consists of two (2) sections: Sections A and B.
- Section A is a multiple choice and each question carries 1 mark.

**NB:** atomic masses; Na= 22.9897 g/mol, O=15.9994 g/mol, H= 1.0080 g/mol,  
N=14.0070 g/mol, Cl= 35.4500 g/mol.

**Section A: Multiple Choice [20 Marks]**

1. Which technique can be used for determination of water for food of low moisture content and for products containing volatile oils?
  - a. Drying oven at 100°C
  - b. Infrared drying lamps
  - c. Distillation methods
  - d. Vacuum ovens
2. Water activity values may range from \_\_\_\_\_.
  - a. 0 to 1
  - b. 0 to 100
  - c. 1 to 10
  - d. 0.97 to 1
3. Which technique is suitable for determination of moisture in apple fruits?
  - a. Karl Fischer titration
  - b. Distillation methods
  - c. Drying oven at 100 °C
  - d. Vacuum ovens
4. Sampling is very important in \_\_\_\_\_.
  - a. Making the sample uniform
  - b. Purifying the sample to remove impurities
  - c. Ensuring samples of the food taken for analysis are truly representative of the product to be analysed
  - d. Ensuring that the data of analysis is of high quality
5. \_\_\_\_\_ involves the measurement of the volume of a known reagent required to react with the sample solution.
  - a. Titrimetric analysis
  - b. Gravimetric procedures
  - c. Solvent extraction
  - d. Refractometry
6. \_\_\_\_\_ is where the mass of a food constituent is measured after suitable treatment.
  - a. Titrimetric analysis
  - b. Gravimetric procedures
  - c. Solvent extraction
  - d. Refractometry
7. \_\_\_\_\_ involves the use of non-polar organic solvent in the analysis.
  - a. Titrimetric analysis
  - b. Gravimetric procedures
  - c. Solvent extraction

- d. Refractometry
8. A technique with high sensitivity means it \_\_\_\_\_.
- Has ability to detect and quantify specific food constituents even in the presence of similar compound.
  - Has ability to complete analysis in short period of time.
  - Has ability to detect and quantify food constituents at very low concentrations.
  - Has ability to measure what is intended to be measured.
9. \_\_\_\_\_ is not considered in proximate analysis.
- Moisture content
  - Crude protein
  - Crude fibre
  - Vitamin C
10. \_\_\_\_\_ is used in ash content analysis.
- Microwave oven
  - Vacuum oven
  - Infrared drying lamp
  - Muffle furnace
11. One characteristic of solvents used in soxhlet extraction is that \_\_\_\_\_.
- It should be flammable
  - It should mix well with water
  - It should be polar
  - It should be volatile
12. Group of hydrocarbons with the functional group R- (COH) is \_\_\_\_\_.
- Ketones
  - Aldehydes
  - Carboxylic acids
  - Alcohols
13. Ash content gives the estimation of \_\_\_\_\_ in food.
- Minerals
  - Vitamins
  - Fibre
  - Moisture
14. \_\_\_\_\_ and \_\_\_\_\_ are isomers.
- Glucose and Fructose
  - Glucose and Galactose
  - Galactose and Fructose
  - Maltose and glucose
15. \_\_\_\_\_ is not a monosaccharide.

- a. Glucose
  - b. Fructose
  - c. Galactose
  - d. Maltose
16. \_\_\_\_\_ organic solvent has not been listed in solvents used for soxhlet extraction.
- a. Petroleum ether
  - b. Diethyl ether
  - c. Chloroform
  - d. Ethanol
17. \_\_\_\_\_ is the IUPAC name of Chloroform.
- a. Trichloromethane
  - b. Trichloroethene
  - c. Dichloromethane
  - d. Diethyl ether
18. \_\_\_\_\_ is the correct formula for percentage yield.
- a. Percentage yield =  $\frac{\text{Actual yield}}{\text{Theoretical yield}} \times 100$
  - b. Percentage yield =  $\frac{\text{Theoretical yield}}{\text{Actual yield}} \times 100$
  - c. Percentage yield =  $\frac{\text{Theoretical yield} - \text{Actual yield}}{\text{Theoretical yield}} \times 100$
  - d. Percentage yield =  $\frac{\text{Total mass} - \text{Mass of crucible}}{\text{Actual yield}} \times 100$
19. Kjeldahl is a method composed of \_\_\_\_\_ steps.
- a. 6
  - b. 3
  - c. 9
  - d. 2
20. In which step in Kjeldahl is the catalyst required?
- a. Titration
  - b. Sample preparation
  - c. Extraction
  - d. Digestion

**Section B: [80 Marks]**

1. Define the following terms as used in analytical chemistry of foods: [10]
  - a. Proximate analysis
  - b. Analyte
  - c. Blank solution
  - d. Standard solution
  - e. Replicates
2. Differentiate between the Qualitative and Quantitative analysis. [10]
3. How would you prepare 500.00 ml of 0.30 M NaOH from the solid? [10]
4. Discuss only three points on how to improve the quality of your data in the laboratory. [9]
5. Copy and complete the table below [15]

Component of Food	Functional group/formula	Building block
Water	.....(1)	.....
Carbohydrates	.....(2)	.....(2)
Proteins	.....(4)	.....(3)
lipids	.....(3)	.....

6. Illustrate the procedural steps carried out in titration techniques. [6]
7. A 0.9092g sample of wheat flour was analyzed by the Kjeldahl procedure. The ammonia formed was distilled into 50.00ml of 0.05063 M HCL; a 7.46 ml back-titration with 0.04917 M NaOH was required. Calculate the percentage protein in the flour. [20]

**The End**