

THE NATIONAL UNIVERSITY OF LESOTHO

BSc NURSING EXAMINATIONS

PUERPERIUM CARE

NRS 5303

JANUARY: 2024

MARKS: 100

TIME: 3 HOURS

INSTRUCTIONS:

1. This paper consists of three (3)
2. Answer all questions.
3. Read and follow the instructions carefully
4. Marks are allocated in brackets.

QUESTION 1

Read the statement below and answer questions 1.1 to 1.3

Puerperal sepsis (METRITIS) is any bacterial infection of the genital tract which occurs after the birth of a baby. It is usually more than 24 hours after delivery before the symptoms and signs appear. If the woman has had prolonged rupture of membranes or a prolonged labour without prophylactic antibiotics, then the problem may become evident earlier. Bearing this in mind,

1.1 Explain the difference between endogenous and exogenous bacteria. (1 mark/ point 10)

1.2 Explain how endogenous bacteria can become harmful and how exogenous bacteria can be introduced into the vagina (1 mark/ point 10)

1.3 Explain why newly delivered women are very vulnerable to puerperal sepsis. (1 mark/ point 10)

[30]

QUESTION 2

2.1 Describe the characteristics of postpartal blues. (1 mark/ point 10)

2.2 Explain the characteristics used to determine if lochia flow are normal. (1 mark/ point 15)

2.3 Explain the use of sitz bath in the care of the postpartal woman who had an episiotomy. (1 mark/ point 10)

[35]

QUESTION 3

Read a scenario below and answer question 3.1 and 3.2

You are working in the post natal ward when suddenly a woman collapses in bed. You notice that she is bleeding excessive vaginally.

3.1 Defining the problem of this woman in order to provide effective management (1 mark/ point 5)

3.2 Explain the steps you will follow when providing effective management of this condition. (1 mark/ point 15)

[20]

QUESTION 4

Your role as a midwife is to support women and their families who are bereaved.

Explain how you will provide counselling to the young man who is bereaved because he lost the wife and the unborn baby during labour process. (1 mark/ point 15)

[15]

TOTAL= 100